



Νευροφυσιολογία και Αισθήσεις

Διάλεξη 12

Σωματοαισθητικό Σύστημα (Somatosensory System)



Somatic Sensation



- Enables body to feel, ache, chill
- Sensitive to stimuli
- Responsible for feeling of touch, pain and temperature
- Somatic sensory system:
Different from other systems
 - Receptors: Distributed throughout
 - Responds to different kinds of stimuli



Touch



• Types and layers of skin

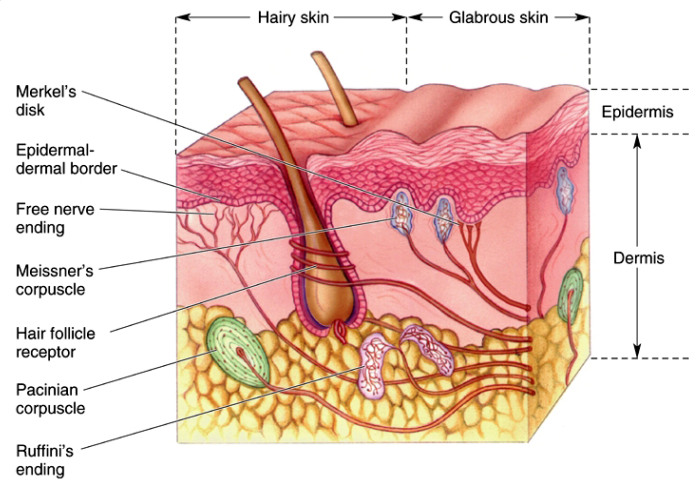
- Hairy and glabrous (hairless)
- Epidermis (outer) and dermis (inner)

• Functions of skin

- Protective function
- Prevents evaporation of body fluids
- Provides direct contact with world

• Mechanoreceptors

- Sensitivity: 0.006 mm high x 0.04 mm wide
- Most somatosensory receptors are mechanoreceptors
- Types
 - Pacinian corpuscles
 - Ruffini's endings
 - Meissner's corpuscles
 - Merkel's disks
 - Krause end bulbs



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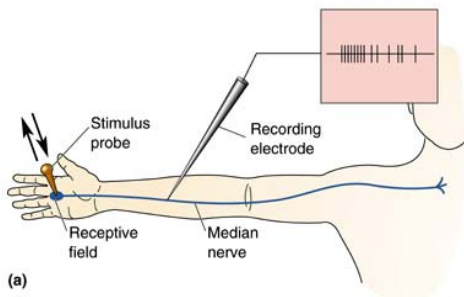


Touch

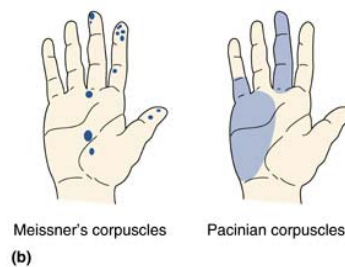


• Characteristics of mechanoreceptors

- Receptive Fields
- Adaptation
 - Role of onion-like structure

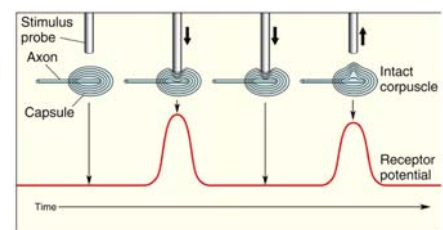


(a)

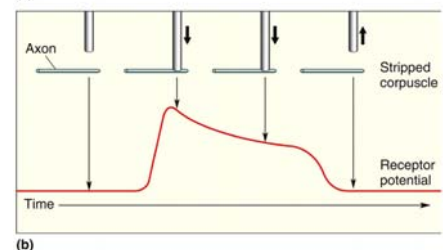


(b)

		Receptive field size		
		Small	Large	
Adaptation	Rapid	Meissner's corpuscle 	Pacinian corpuscle 	Stimulus probe movement Axon firing
	Slow	Merkel's disk 	Ruffini's ending 	



(a)



(b)

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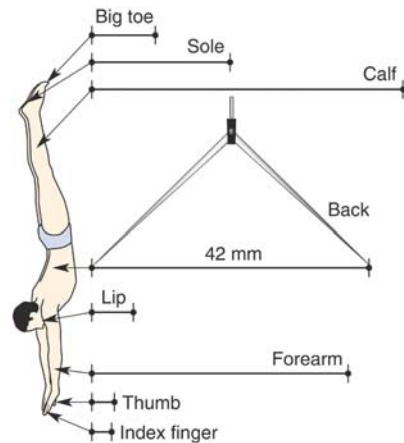
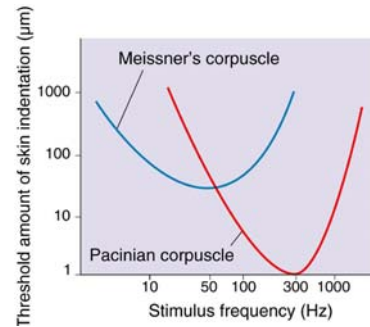


Touch



• Response of mechanoreceptors

- Hair
 - Sensitive to movement
 - Exquisitely sensitive in some animals
- Response to vibration frequency
 - Pacinian corpuscles
 - Meissner's corpuscles
 - Ruffini's endings
- Two-point discrimination
 - Importance of fingertips over elbow



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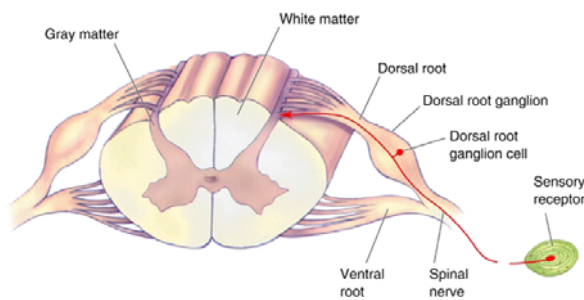


Touch



• Primary Afferent Axons

- $A\alpha$, $A\beta$, $A\delta$, C
- C fibers mediate pain and temperature
- $A\beta$ mediates touch sensations



Axons from skin	$A\alpha$	$A\beta$	$A\delta$	C
Axons from muscles	Group I	II	III	IV
Diameter (μm)	13–20	6–12	1–5	0.2–1.5
Speed (m/sec)	80–120	35–75	5–30	0.5–2
Sensory receptors	Proprioceptors of skeletal muscle	Mechanoreceptors of skin	Pain, temperature	Temperature, pain, itch

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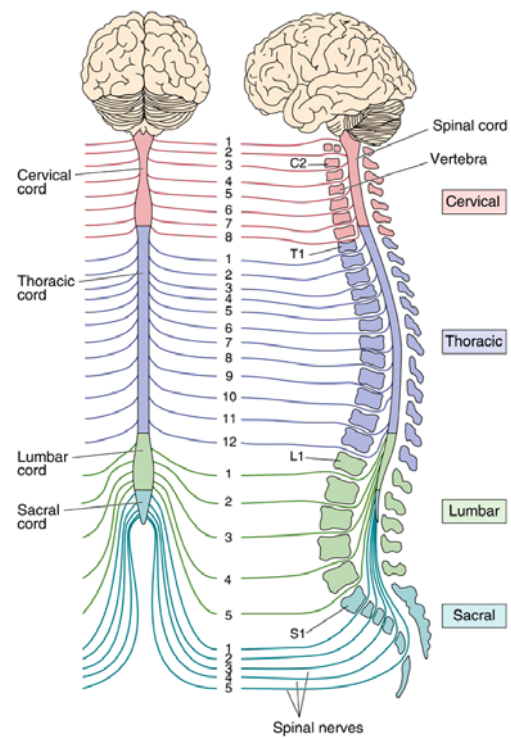


Touch



• The Spinal cord

- Spinal segments (30)- spinal nerves within 4 divisions of spinal cord
- Sensory Organization of the spinal cord
 - Divisions
 - Cervical (C)
 - Thoracic (T)
 - Lumbar (L)
 - Sacral (S)



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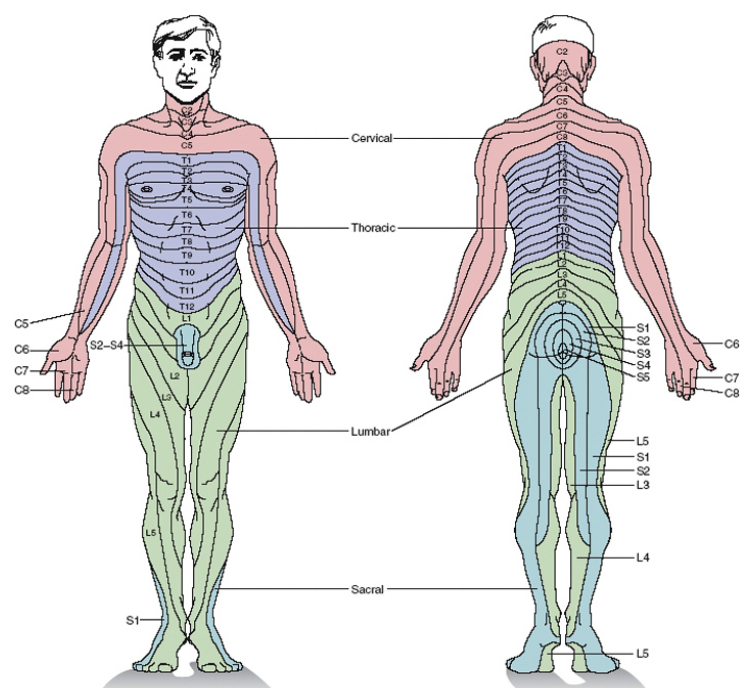
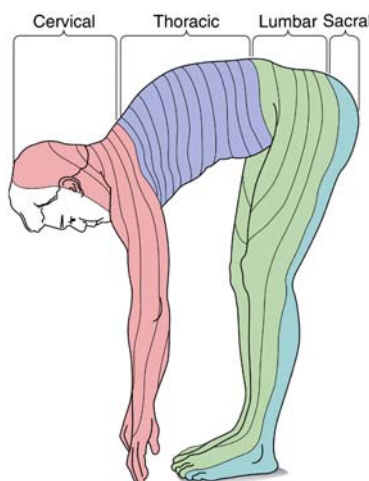


Touch



• The Spinal cord

- Dermatomes- 1-to-1 correspondence with segments
 - Shingles



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Touch

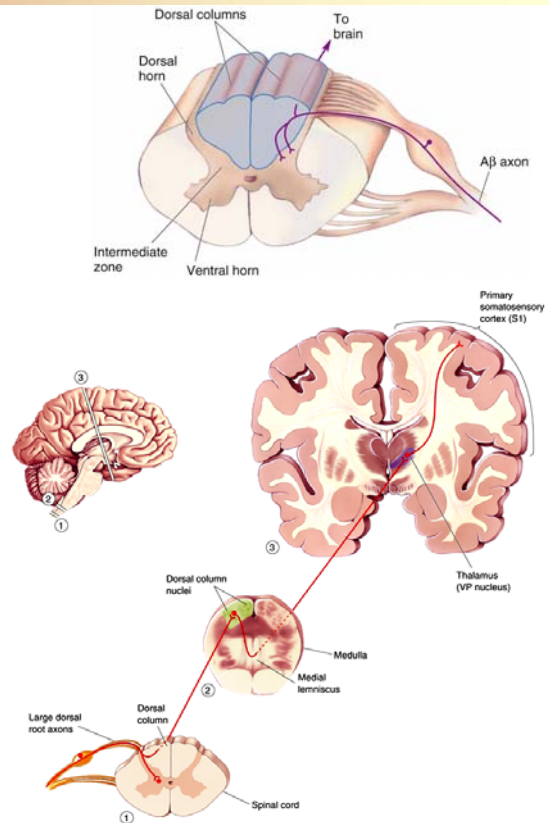


• The Spinal cord

- Sensory Organization of the spinal cord
 - Division of spinal gray matter: Dorsal horn; Intermediate zone; Ventral horn
 - Myelinated A β axons (touch-sensitive)

• Dorsal Column–Medial Lemniscal Pathway

- Touch information ascends through dorsal column, dorsal nuclei, medial lemniscus, and ventral posterior nucleus to primary somatosensory cortex



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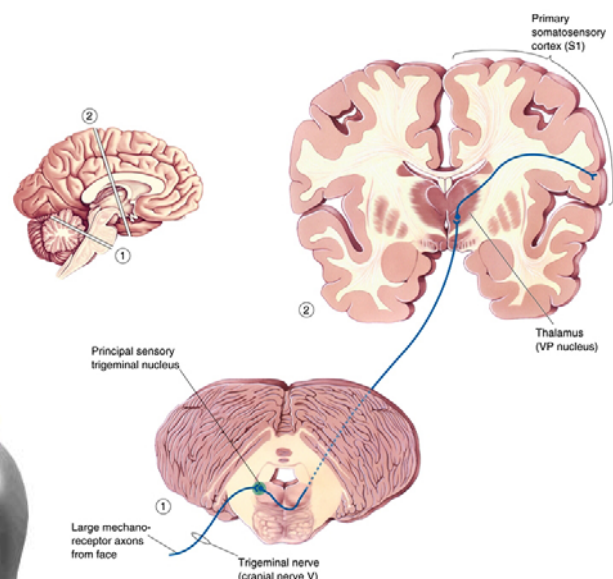
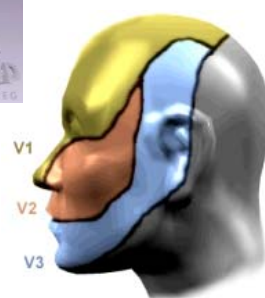
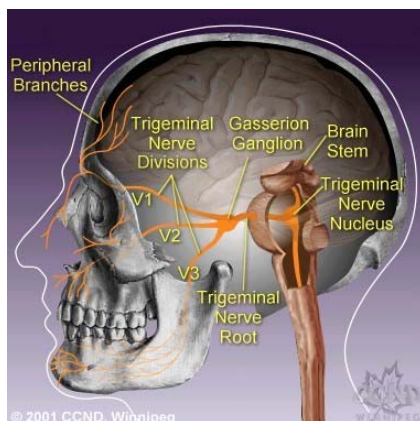


Touch



• The Trigeminal Touch Pathway

- Trigeminal nerves
- Cranial nerves



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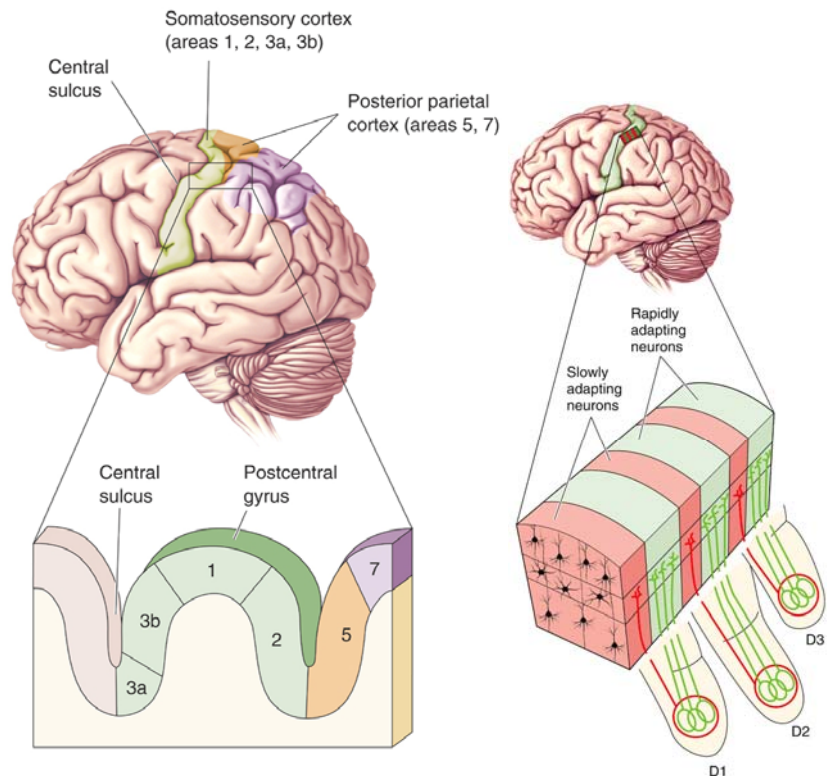


Touch



• Somatosensory Cortex

- Primary
- Other areas
 - Postcentral gyrus
 - Posterior Parietal Cortex
- Brodmann's Area 3b (or S1): Primary somatosensory cortex
 - Receives dense input from VP nucleus of the thalamus
 - Neurons: Responsive to stimuli
 - Lesions impair somatic sensations
 - Electrical stimulation evokes sensory experiences



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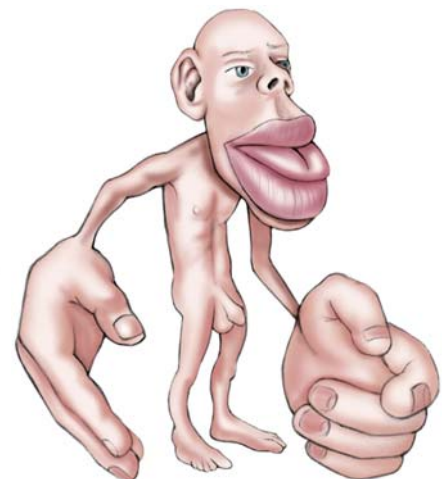
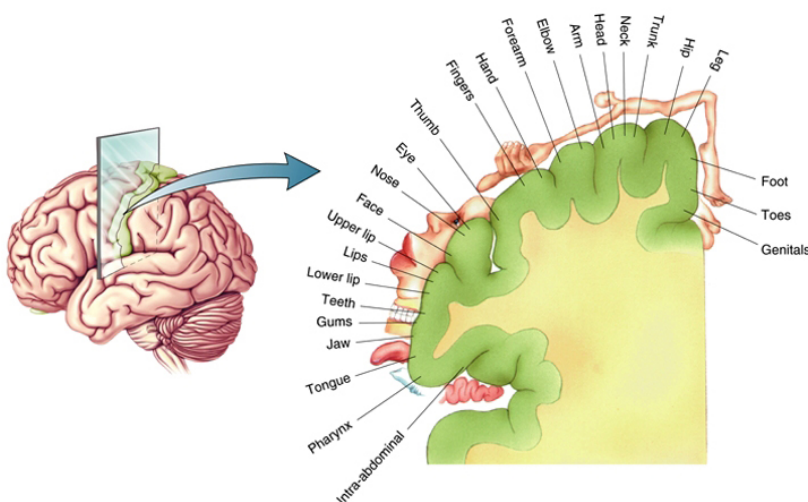


Touch



• Somatosensory Cortex

- Cortical Somatotopy
 - Homunculus
 - Importance of mouth
 - Tactile sensations: Important for speech
 - Lips and tongue: Last line of defense



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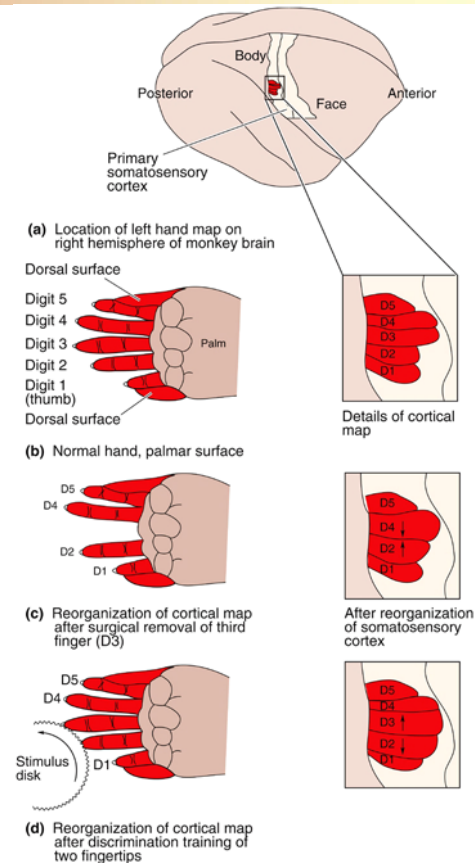


Touch



• Somatosensory Cortex

- Cortical Map Plasticity
- Remove digits or overstimulate – examine somatotopy before and after
 - Conclusions of experiments
 - Reorganization of cortical maps
 - Dynamic
 - Adjust depending on the amount of sensory experience



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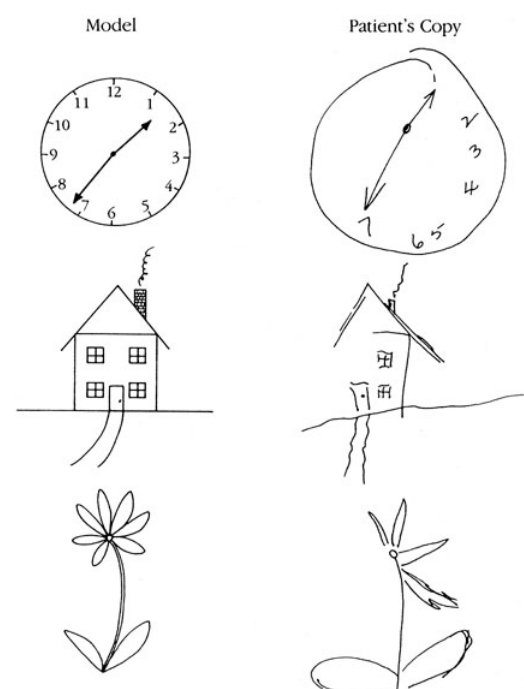


Touch



• Somatosensory Cortex

- The Posterior Parietal Cortex
 - Involved in somatic sensation, visual stimuli, and movement planning
 - Agnosia
 - Astereognosia
 - Neglect syndrome



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Pain



- **Nociceptors**

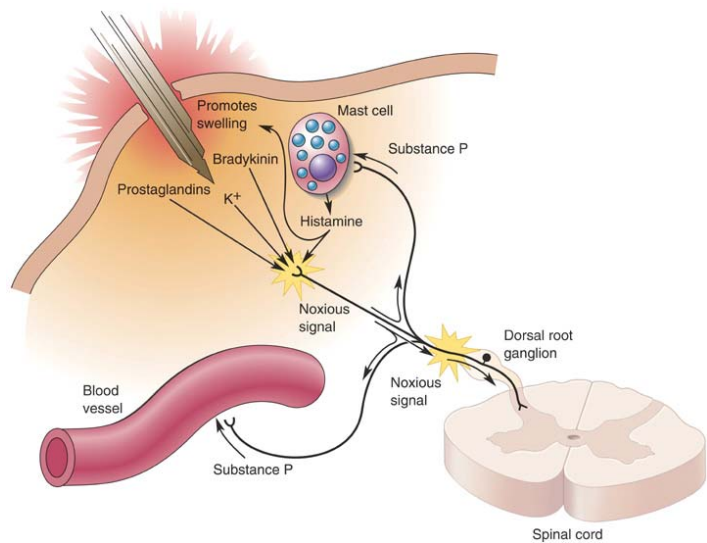
- Polymodal
- Mechanical
- Thermal
- Chemical

- **Pain and nociception**

- Pain - feeling of sore, aching, throbbing
- Nociception - sensory process, provides signals that trigger pain

- **Nociceptors: Transduction of Pain**

- Bradykinin
- Mast cell activation: Release of histamine
- Hyperalgesia
 - Painful damaged or surrounding areas
 - Primary and secondary hyperalgesia
 - Bradykinin, prostaglandins, and substance P



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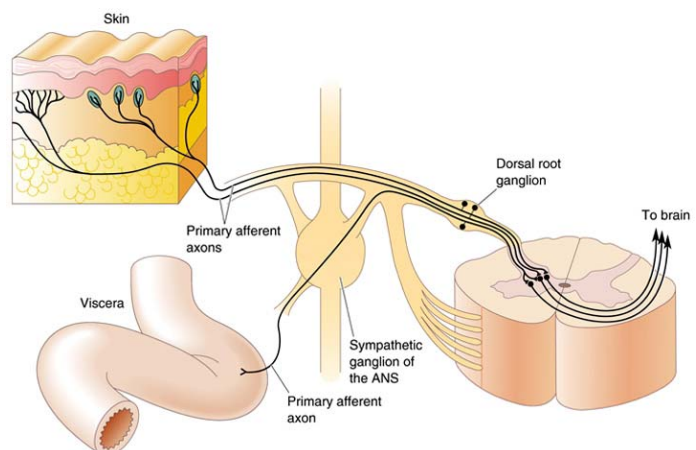
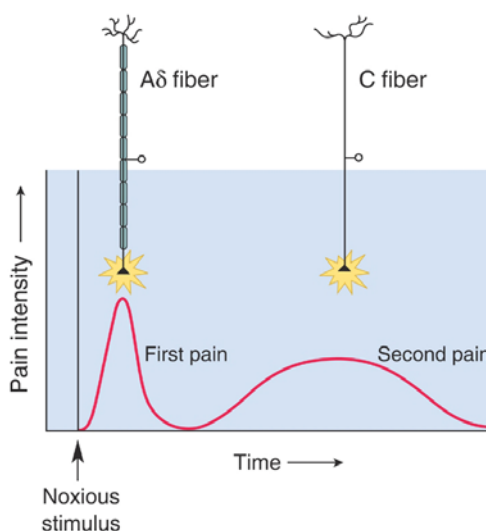


Pain



- **Primary Afferents and Spinal mechanisms**

- First pain and second pain
- Referred pain: Angina



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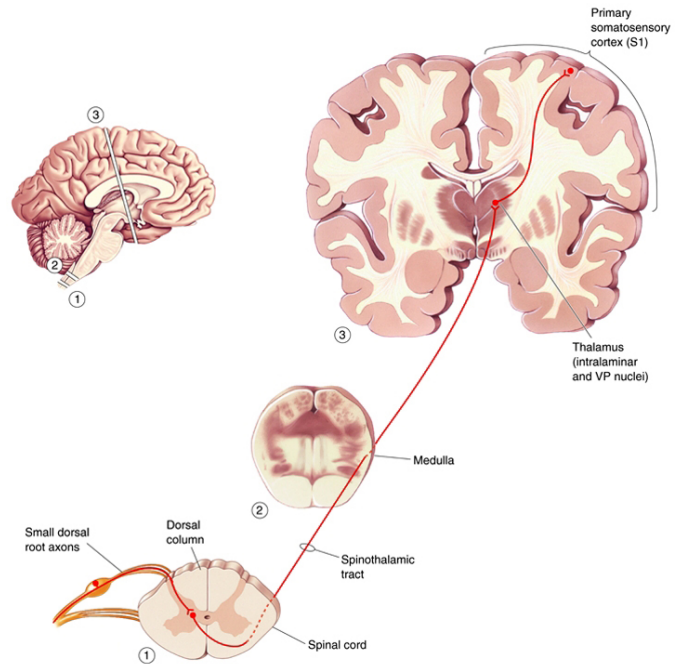


Pain



• Ascending Pain Pathways

- Differences between touch and pain pathway
 - Nerve endings in the skin
 - Diameter of axons
 - Connections in spinal cord
 - Touch – Ascends Ipsilaterally
 - Pain – Ascends Contralaterally
- Spinothalamic Pain Pathway
 - Cross at spinal level
- The Trigeminal Pain Pathway
 - Pain and temperature sensation of face
- The Thalamus and the Cortex
 - Touch and pain systems remain segregated
 - Pain and temperature information sent to various cortical areas

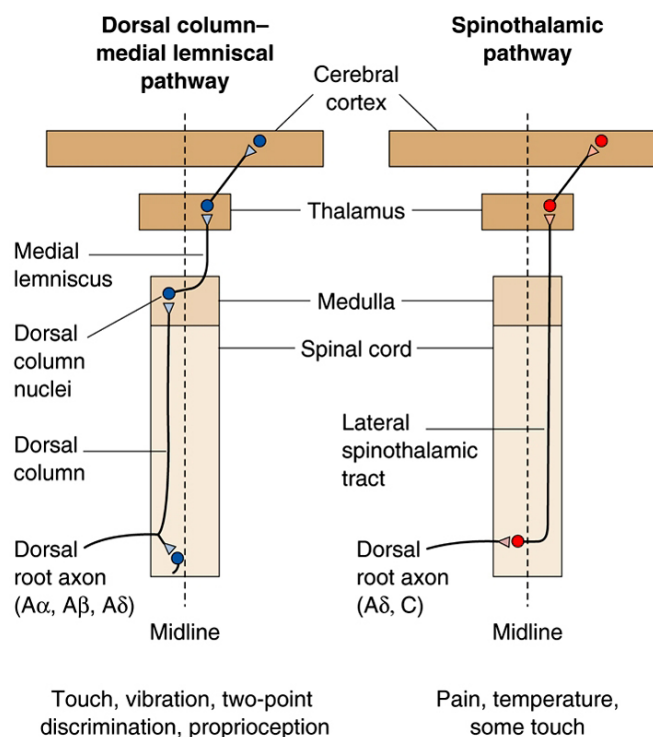


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Pain



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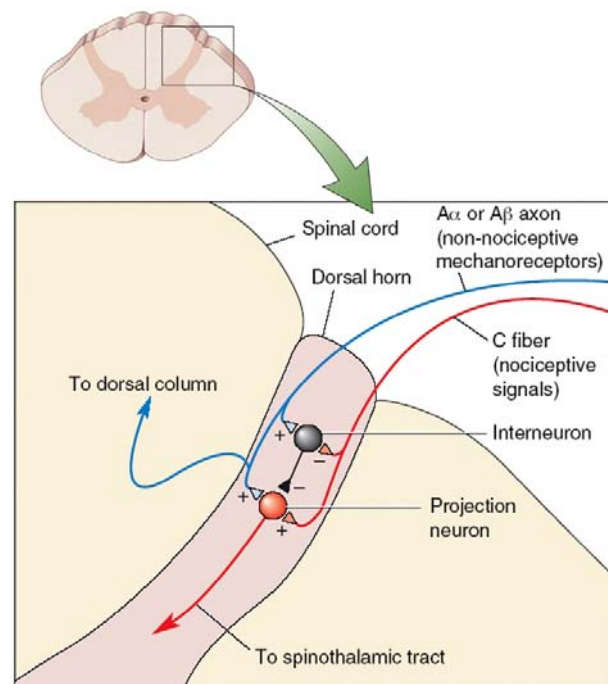


Pain



• The Regulation of Pain

- Afferent Regulation
 - Hyperalgesia and down regulation? (i.e. rubbing skin around)



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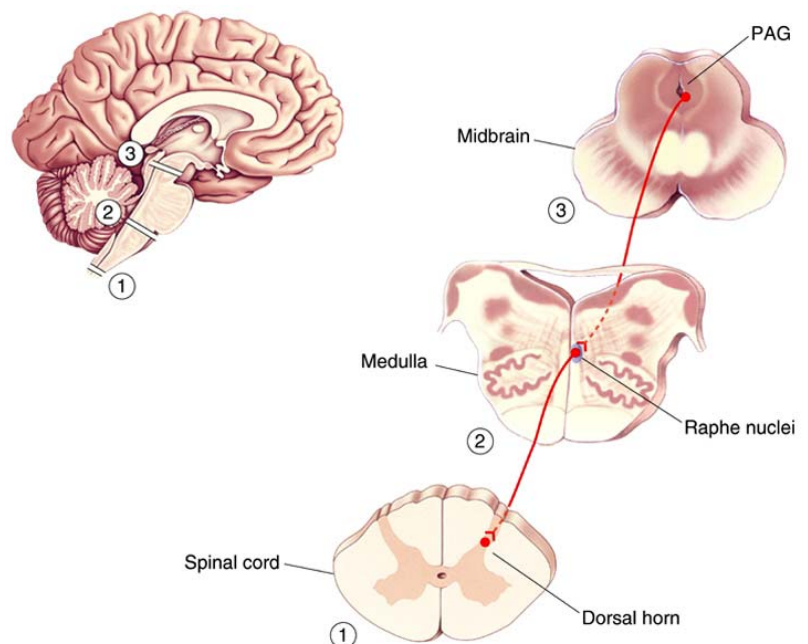


Pain



• The Regulation of Pain

- Descending Regulation
 - Periaqueductal gray matter
 - The endogenous opiates
 - Opioids and endomorphins



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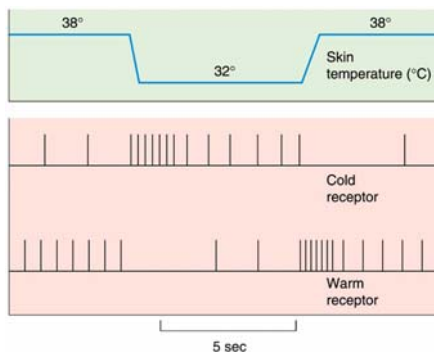
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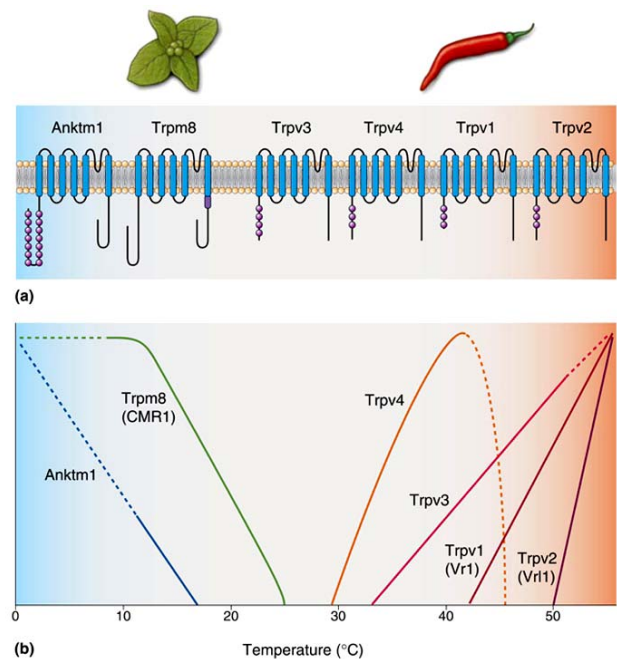
Temperature



- **Thermoreceptors**
 - “Hot” and “cold” receptors
 - Varying sensitivities
 - Perceive changes as low as 0.01 °C
 - Adaptation
- **The Temperature Pathway**
 - Organization of temperature pathway
 - Identical to pain pathway
 - Cold receptors coupled to A δ and C
 - Hot receptors coupled to C



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Conclusion



- **Sensory systems exhibit similar organization and function**
- **Sensory types are segregated within the spinal cord and cerebral cortex**
- **Repeated theme**
 - Parallel processing of information
- **Perception of object involves the seamless coordination of somatic sensory information**

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Διάλεξη 13

Κίνηση από τον Νωτιαίο Μυελό (Spinal Control of Movement)